This event is presented by the PAEC Counselor Network Professional Learning Services in conjunction with the Institute for Small and Rural Districts.



Convening for School Counselors, Mental Health Professionals, and Social Workers

### Best Practices: Resiliency Prevention and Intervention Strategies

#### **Facilitator**

#### Dr. Joni Williams Splett

Associate Professor, University of Florida College of Education Director, UF Prevention and Intervention Network

### Description

Prevalence of mental health needs, including depression, anxiety, inattention, and hyperactivity, were rising steadily before the COVID-19 pandemic and mounting evidence suggests this trajectory was only exacerbated in the last three years. In schools, prevention and intervention efforts are needed to combat this public health crisis and can be implemented in Florida through the Resiliency Initiative and Mental Health Resource Allocation Plans. Dr. Joni Williams Splett is an Associate Professor in the University of Florida College of Education and Director of the UF Prevention and Intervention Network. Her work examines and supports implementation of prevention strategies to improve the school environment, expand intervention resources in schools, improve efficiency of referral systems for interventions and mental health services, and integration of community mental health partners in the district initiative. She will share best practices for implementing this system of prevention and intervention in Florida schools with examples from her work around the state and nationally.

# **Key Goals**

- 1. Explore strategies for promoting students' mental health in the school environment.
- 2. Understand and practice strategies to expand intervention resources and more efficiently connect students to the services needed.
- 3. Identify tools and resources to support district and community leaders in aligning their efforts to support student mental health needs.

### Who Should Attend?

School Counselors, School Mental Health Professionals, School Social Workers, and District Student Services Directors.

Please register for this event in the PAEC ePDC at <u>my.paec.org</u>. For additional information, please contact Keyondio (Keke) Lee at (850) 364-1430 ext. 3207 or <u>Keyondio.lee@paec.org</u>

# <u>Details</u>

#### Date Friday, December 8, 2023

Time 8:30 AM – 3:30 PM Eastern <mark>Lunch on your own</mark>

Fee No fee

# Location

Tallahassee Community College Student Union Ballroom (SU) 444 Appleyard Drive Tallahassee, FL 32304

**Cancellation Policy for Events for Which There is no Charge.** For events made available at no cost, PAEC respectfully asks that you notify the contact person, if you must cancel, to give those on the wait list the opportunity to attend.

PAEC reserves the right to cancel any session due to insufficient enrollment. Participants who have provided a working e-mail address and/or phone number will be notified by email or phone if a session is cancelled.

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